

2008 Navy Midshipmen Women's Lacrosse



MEDIA INFORMATION

Game No. 6: Holy Cross at Navy

Date / Site: March 15, 2008 / Annapolis, Md.

Facility: Navy-Marine Corps Memorial Stadium

Television: None

Radio/Internet: None

Live Stats:

Gametracker on NavySports.com

Navy SID:

Chris Forman - forman@usna.edu / 410-293-8774

Web Site: www.NavySports.com

Holy Cross SID:

Jim Wrobel - jwrobel@holycross.edu / 508-793-2583

Web Site: www.GoHolyCross.com

SETTING THE STAGE

Navy Midshipmen

Record	5-0, 0-0 Patriot League
Streak	Win-5
Last Game	Def. Saint Mary's (Calif.), 18-6
Next Game	March 22 at Colgate
Ranking	UR (IWLCA), UR (Media)
Head Coach	Cindy Timchal (West Chester '76)
Career Record	341-86 (26th year)
Navy Record	5-0 (1st year)
Leader-Points (G-A)	Erin Rawlick (20-9-29)
Leader-Goals	Erin Rawlick (20)
Leader-Assists	Amanda Towey (18)
Goalkeeper	Natalie Blandon (5.50 GAA, .468 pct.)

Holy Cross Crusaders

Record	0-5, 0-1 Patriot League
Streak	Loss-6
Last Game	Lost to Colgate, 11-8
Next Game	March 19 vs. Vermont
Ranking	UR (IWLCA), UR (Media)
Head Coach	Stephanie Ridolfi (UMass '00)
Career Record	60-63 (8th year)
Holy Cross Record	52-45 (6th year)
Leader-Points (G-A)	Meg O'Leary (6-2-8)
Leader-Goals	Two Players (6)
Leader-Assists	Five Players (2)
Goalkeeper	Amy Martin (13.80 GAA, .461 pct.)

NAVY SCHEDULE / RESULTS

5-0 / 0-0 Patriot League

Home: 5-0 • Road: 0-0 • Neutral: 0-0

FEBRUARY

Date	Opponent	Result / Time
23	Longwood	W, 21-10

MARCH

1	Niagara	W, 21-5
4	St. Francis (Pa.)	W, 24-0
8	Cincinnati	W, 18-6
9	Saint Mary's (Calif.)	W, 18-6
15	* Holy Cross	12:00 pm
22	* at Colgate	1:00 pm
25	Carisus	4:00 pm
29	at Davidson	1:00 pm

APRIL

1	* American	5:00 pm
5	* at Lehigh	12:00 pm
9	Howard	4:00 pm
12	* Bucknell	1:00 pm
16	Robert Morris	4:00 pm
19	* at Lafayette	1:00 pm
22	at Villanova	6:00 pm
25	# Patriot League Semifinals	TBD
27	# Patriot League Finals	TBD

MAY

11	NCAA First Round	TBD
18	NCAA Quarterfinals	TBD
23	NCAA Semifinals	TBD
25	NCAA Finals	TBD

Home games in bold at Navy-Marine Corps Mem. Stad.

* — denotes Patriot League Game

— denotes Patriot League Tournament (at highest seed)

PATRIOT LEAGUE STANDINGS

Rk.	Team	Conf.	Overall
1.	Lehigh	1-0	5-2
	American	1-0	3-4
	Colgate	1-0	2-5
4.	Navy	0-0	5-0
5.	Bucknell	0-1	1-1
	Lafayette	0-1	0-5
	Holy Cross	0-1	0-5

GAME PREVIEW

• The Navy women's lacrosse team looks to extend its season-opening winning streak to six games on Saturday as Holy Cross comes calling to Navy-Marine Corps Memorial Stadium for a 12:00 pm start ... Navy enters the contest with a 5-0 record, while Holy Cross is 0-5 overall ... the contest will be the first Patriot League game in school history for the Midshipmen ... it will also be the final contest of a season-long six-game homestand.

• Navy is riding a five-game winning streak after opening the season with five straight routs ... Navy has won its first five games by an average of 15.0 goals per game, and have scored at least 18 goals in all five games ... the Navy defense has also been stout, holding four of its five opponents to six or fewer goals.

• As of Thursday morning (March 13), the Mids are one of eight teams nationally to be undefeated and just two other teams (Northwestern and Georgetown) have an undefeated record of 5-0 or better ... the Mids are the lone Patriot League unbeaten.

• In addition, Navy's five-game winning streak is tied for the third-longest nationally (with Georgetown), behind just Northwestern (26) and Oregon (6).

• Holy Cross, the 2006 and 2007 Patriot League champion, has stumbled out of the gates so far this year, posting an 0-5 record, and being outscored, 69-35 (13.80 - 7.00 per game) ... the Crusaders dropped their league opener to Colgate on Saturday, 11-8 ... Holy Cross has also lost to Massachusetts (9-5), Harvard (19-2), New Hampshire (16-7) and UC Davis (14-13) ... all five of Holy Cross' games have been on the road ... **Meg O'Leary** leads the Crusaders with eight points (6 g, 2 a) ... **Kristine Corkum** has six points (6 g) on the season ... five different players have dished out two assists ... **Amy Martin** has played all 300 minutes in goal, posting a 13.80 GAA and a .461 save percentage.

NAVY BY THE NUMBERS

0 - Number of goals scored and shots taken by St. Francis (Pa.) on March 4.

1 - This is Navy's first season of competition in NCAA Division I women's lacrosse. Navy had been a club power for years, posting a 111-22 record from 2000-07.

4 - Seniors on this year's roster (**Kaylene Klingenstein**, **Jessie Rosa**, **Amanda Towey** and **Natalie Blandon**).

5 - Navy's current win streak, the third longest in the nation, behind just Northwestern (26) and Oregon (6).

5.4 - Average number of goals per game allowed by the Navy defense this year.

6:25 - Number of minutes and seconds Navy has trailed this year.

7 - Number of assists by **Amanda Towey** against St. Francis (Pa.), good for ninth on the NCAA single-game list.

13 - Number of freshmen on this year's roster.

18 - Number of assists handed out by **Amanda Towey** this year, the most in the nation.

20 - Number of goals scored by **Erin Rawlick** this year, the seventh most in the nation.

20.4 - Average number of goals per game scored by the Navy offense this year, the most in the nation.

23 - Number of freshmen and sophomores on the roster.

29 - Number of points scored by **Erin Rawlick** this year, the fifth most in the nation.

341 - Number of wins for head coach **Cindy Timchal**, the most by a coach in NCAA history.

NAVY'S PROBABLE STARTERS

No.	Pos.	Player	Yr	G	A	P	Sh	Other	Notes
7	A	Kaylene Klingenstein	Sr.	12	0	12	15	7 gb	three hat tricks on the season
10	A	Sarah Bushong	Jr.	5	0	5	9	3 gb	has scored goals in three-of-five games
20	A	Mary Ruttum	So.	15	2	17	20	12 dc	PL Player of the Week (3-4)
2	M	Meg Decker	Fr.	17	6	23	31	15 dc	one of the top rookies in the league
12	M	Amanda Towey	Sr.	8	18	26	15	11 gb	leads nation in assists (18)
23	M	Erin Rawlick	So.	20	9	29	38	21 dc	on pace for close to 100 points
13	M	Katrina Nietsch	Fr.	15	3	18	26	15 gb	has scored at least four pts. in three gms.
15	M	Caitlin Mandrin Hill	Fr.	2	4	6	4	9 ct	PL Defensive Player of the Week (3-11)
3	D	Margaret Gardner	Jr.	0	0	0	0	4 gb	four gbs vs. Cincinnati
8	D	Jessie Rosa	Sr.	0	0	0	0	2 gb	two gbs vs. Cincinnati
24	D	Brittany Winters	So.	0	0	0	0	4 dc	career-high two gbs vs. Saint Mary's
Goalie	Name	Rec.	GA	GAA	Sv.	Pct.	Notes		
21	Sr.	Natalie Blandon	5-0	25	5.50	22	.468	PL Goalie of the Week (2-26)	

2008 Navy Midshipmen Women's Lacrosse



Page 2 • Navy vs. Holy Cross • March 15, 2008

NAVY'S 2008 OPPONENTS

Date	Opponent	Record	vs. Navy in 08
2-23	Longwood	1-6	Navy, 21-10
3-1	Niagara	1-1	Navy, 21-5
3-4	St. Francis (Pa.)	0-3	Navy, 24-0
3-8	Cincinnati	1-4	Navy, 18-6
3-9	Saint Mary's (Calif.)	0-6	Navy, 18-6
3-15	Holy Cross	0-5	
3-22	Colgate	2-5	
3-25	Canisius	0-3	
3-29	Davidson	4-2	
4-1	American	3-4	
4-5	Lehigh	5-2	
4-9	Howard	1-3	
4-12	Bucknell	1-1	
4-16	Robert Morris	1-3	
4-19	Lafayette	0-5	
4-22	Villanova	2-3	

► Through games of Wednesday, March 12.

Record of All Foes	22-56	.282
Record of Non-league foes	11-34	.244
Record of Patriot League foes	11-22	.333
Record of teams Navy has played	3-20	.130
Record of teams Navy has beaten	3-20	.130
Record of teams Navy has lost to	0-0	.000

NAVY-HOLY CROSS: THE SERIES

• This will be the first meeting between the two teams.

STAT TRACKER

Navy	Category	Holy Cross
5-0	Record	0-5
0-0	Conf. Record	0-1
20.4	Goals Per Game	7.0
5.4	Goals Allowed Per Game	13.8
34.6	Shots Per Game	18.4
15.0	Shots Allowed Per Game	33.4
20-35	Free Position Made-Att.	7-19
.571	Free Position Pct.	.368
10-27	Free Position Made-Att. Allowed	10-32
.370	Free Position Pct.	.313
23.6	Ground Balls Per Game	13.6
17.4	Draw Controls Per Game	10.8
18.4	Turnovers Per Game	24.8
54-61	Clears	55-101
.885	Clear Pct.	.545

IN THE PL / NCAA RANKINGS

Category	Navy	Holy Cross
	PL / NCAA	PL / NCAA
Points Per Game	1 / 1	7 / 54
Scoring Offense	1 / 1	7 / 57
Scoring Defense	1 / 1	5 / 63
Scoring Margin	1 / 1	6 / 65
Win Percentage	1 / 1	7 / 63
Caused Turnovers	5 / 52	3 / 45
Draw Controls	1 / 2	6 / 52
Ground Balls	2 / 6	7 / 64

ON THE NCAA CHARTS

• The Navy women's lacrosse team is well-represented on the NCAA's initial leaderboard, released on March 11 ... the Mids are tops in the country in points scored (147), goals per game (20.40), goals allowed per game (5.40), scoring margin (+15.00) and win percentage (1.000 / tied with seven other teams) ... in addition, the Mids are second in the country in draw controls won per game (17.40) and sixth in ground balls per game (23.6) ... individually, several Mids rank in the top 50 of several categories.

MIDS IN ELITE COMPANY

• Playing in its first season in school history, not many people knew what to expect of the Navy women's lacrosse team. However, if the first five games are any indication, a special year could be in the making ... through Tuesday, March 11, the Mids are just one of eight undefeated teams (Northwestern, Georgetown, Navy, Old Dominion, Princeton, Cornell, Towson and Harvard) ... Navy's five wins are tied for the most with Northwestern and Georgetown as the most wins nationally for any team that is undefeated ... lastly, the Mids' five-game winning streak is tied for the third longest nationally behind Northwestern (26) and Oregon (6).

HOME SWEET HOME

• Playing in what is perhaps the finest facility in the nation, Navy-Marine Corps Memorial Stadium, the Mids are enjoying a definite home-field advantage ... all five of Navy's games so far this year have been played in Annapolis, and Navy has won all five by an average margin of 15.0

goals per game ... coupled with the men's team success at home, this year's two Navy lacrosse teams are 8-0 at home ... that bodes well for the Midshipmen women's program, which will host 11 of their 16 games at the facility.

RACKING UP THE HONORS

• The history of Navy women's lacrosse spans just three weeks, but the program is already racking up the awards ... four different Navy players have won weekly awards, dealt out in the last three weeks by the Patriot League ... two Navy sophomores have won the last two Patriot League Player of the Week awards, as **Mary Ruttum** won it on March 4 and **Erin Rawick** won the award on March 11.

Goalkeeper of the Week (Feb. 26)	Natalie Blandon (Sr.)	9 saves, 10 GA, in Navy's first-ever win.
Offensive Player of the Week (March 4)	Mary Ruttum (So.)	5 goals, 1 assist, in win over Niagara.
Offensive Player of the Week (March 11)	Erin Rawlick (So.)	11 goals, 7 assists, in three wins over the week.
Defensive Player of the Week (March 11)	Caitlin Mandrin Hill (Fr.)	1 goal, 3 assists, 10 gb, 5 ct in three wins.

THE LAST TIME OUT

• Playing its second game in two days and third in eight days, the Navy women's lacrosse team showed no signs of rust, defeating Saint Mary's (Calif.), 18-6, on a blustery afternoon on March 9 ... the win pushed Navy's record to 5-0 ... Navy fell behind for just the second time all season, as the Gaels scored the game's first goal ... however, the Mids rattled off 12 straight goals and led at halftime, 12-2 ... Saint Mary's would get no closer than eight (13-5) the rest of the way ... **Erin Rawlick** and **Amanda Towey** combined for 10 points (5 g, 5 a), while freshman **Katrina Nietsch** scored four goals.

FAST FACTS

- Navy has held four of its five opponents to single-digit goals.
- The Mids have won all five games by at least 11 goals.
- Navy has led at halftime in every game by at least five goals ... Navy's average margin of lead at halftime has been 10.8 goals per game.
- Seven different players have produced hat tricks this year, led by **Erin Rawlick** (4), **Meg Decker** and **Katrina Nietsch** (4).
- Navy has scored goals within 30 seconds of each other 12 different times this year.
- **Amanda Towey's** seven assists against St. Francis (Pa.) were the ninth most in a single-game in NCAA history.
- The Mids scored goals seven seconds apart and eight seconds apart against St. Francis, the fourth- and ninth-fastest consecutive goals by one team in NCAA history.
- Navy's 17 assists and 41 points against St. Francis were the third most in a game in NCAA history, respectively.
- Lastly, Navy's 20 draw controls against Longwood were the ninth most in a game in NCAA history.

TOP 50 IN NCAA LEADERS

Category	Player	Rank	No.
Assists	Amanda Towey	1st	18
GAA	Natalie Blandon	3rd	5.50
Points / Gm.	Erin Rawlick	4th	5.8
Assists / Gm.	Amanda Towey	4th	3.6
Points	Erin Rawlick	5th	29
Goals / Gm.	Erin Rawlick	8th	4.0
DC / Gm.	Erin Rawlick	8th	4.2
Points / Gm.	Amanda Towey	10th	5.2
Points	Amanda Towey	11th	26
Assists	Erin Rawlick	12th	9
Points	Meg Decker	15th	23
Goals / Gm.	Meg Decker	20th	3.4
Assists / Gm.	Erin Rawlick	24th	1.8
Points / Gm.	Meg Decker	25th	4.6
GB / Gm.	Caitlin Mandrin Hill	28th	3.2
Goals / Gm.	Mary Ruttum	30th	3.0
Goals / Gm.	Katrina Nietsch	30th	3.0
DC / Gm.	Meg Decker	30th	3.0
Save Pct.	Natalie Blandon	31st	.468
GB / Gm.	Katrina Nietsch	32nd	3.0
CT / Gm.	Caitlin Mandrin Hill	34th	1.8
Assists	Meg Decker	39th	6
Points	Katrina Nietsch	42nd	18

► As of Tuesday, March 11.

2008 Navy Midshipmen Women's Lacrosse



Page 3 • Navy vs. Holy Cross • March 15, 2008

2008 LACROSSE RESULTS (5-0 OVERALL • 0-0 PATRIOT LEAGUE • 5-0 HOME • 0-0 ROAD)

Date	Opponent	Score	Att.	Goalkeeper (Sv)	Scoring (Goals-Assists-Points)
F23	Longwood	W, 21-10	211	Blandon (9)	Rawlick (5-2-7), Decker (4-1-5), Towey (1-4-5), Ruttum (4-0-4), Nietsch (3-1-4), Klingenstein (3-0-3), Bushong (1-0-1)
M1	Nagara	W, 21-5	87	Blandon (2)	Decker (6-0-6), Ruttum (5-1-6), Towey (1-4-5), Rawlick (4-0-4), Nietsch (2-0-2), Mandrin Hill (1-1-2), Amerau (1-0-1), Klingenstein (1-0-1)
M4	St. Francis (Pa.)	W, 24-0	79	Blandon (0)	Towey (1-7-8), Rawlick (4-2-6), Nietsch (3-2-5), Ruttum (3-1-4), Amerau (3-1-4), Klingenstein (3-0-3), Bushong (3-0-3), Decker (1-1-2), Kitchen (1-0-1), Cappelaere (1-0-1), Sizemore (0-1-1)
M8	Cincinnati	W, 18-6	240	Blandon (6)	Rawlick (5-2-7), Decker (3-3-6), Nietsch (3-0-3), Towey (2-1-3), Klingenstein (2-0-2), Ruttum (2-0-2), Mandrin Hill (1-1-2)
M9	Saint Mary's (Calif.)	W, 18-6	264	Blandon (5) Creasey (1)	Towey (3-2-5), Rawlick (2-3-5), Nietsch (4-0-4), Decker (3-1-4), Klingenstein (3-0-3), Amerau (1-0-1), Ruttum (1-0-1), Bushong (1-0-1), Cappelaere (0-1-1)
M15	* Holy Cross	12:00 pm			
M22	* at Colgate	1:00 pm			
M25	Canisius	4:00 pm			
M29	at Davidson	1:00 pm			
A1	* American	5:00 pm			
A5	* at Lehigh	12:00 pm			
A9	Howard	4:00 pm			
A12	* Bucknell	1:00 pm			
A16	Robert Morris	4:00 pm			
A19	* at Lafayette	1:00 pm			
A22	at Villanova	6:00 pm			
A25	Patriot League Semi.	TBD			
A27	Patriot League Finals	TBD			

* — Denotes Patriot League game.

GAME-BY-GAME COMPARISON

Date	Opponent	Result	Score by Half			Shots by Half			Saves by Half			GB by Half			DC by Half			TO by Half			Clears	FPS
			1	2	Tot.	1	2	Tot.	1	2	Tot.	1	2	Tot.	1	2	Tot.	1	2	Tot.		
F23	Longwood		8	2	10	18	9	27	4	4	8	12	8	20	7	6	13	11	8	19	11-14	5-14
	at Navy	W, 21-10	13	8	21	23	18	41	3	6	9	16	13	29	15	5	20	12	6	18	10-12	5-8
M1	Niagara		2	3	5	3	5	8	9	5	14	7	11	18	7	5	12	13	14	27	7-14	2-4
	at Navy	W, 21-5	13	8	21	26	13	39	0	2	2	13	12	25	9	6	15	5	10	15	15-16	3-6
M4	St. Francis (Pa.)		0	0	0	0	0	0	5	3	8	9	6	15	8	0	8	19	14	33	3-21	0-0
	at Navy	W, 24-0	17	7	24	26	12	38	0	0	0	18	11	29	10	8	18	10	10	20	5-6	2-5
M8	Cincinnati		4	2	6	13	6	19	2	3	5	7	7	14	7	2	9	13	7	20	9-14	2-5
	at Navy	W, 18-6	15	3	18	19	8	27	4	2	6	10	6	16	13	4	17	12	7	19	12-14	5-8
M9	Saint Mary's (Calif.)		2	4	6	6	15	21	4	2	6	10	8	18	5	4	9	16	10	26	10-17	1-4
	at Navy	W, 18-6	12	6	18	19	9	28	0	6	6	13	6	19	10	7	17	10	10	20	12-13	5-8

2008 Navy Midshipmen Women's Lacrosse



Page 6 • Navy vs. Holy Cross • March 15, 2008

2008 STATISTICAL TRENDS

Category	Overall	Streak
Overall	5-0	W-5
Home	5-0	W-5
Road	0-0	—
Neutral	0-0	—
Patriot League Foes	0-0	—
Non-Conference	5-0	W-5
Leading at Halftime	5-0	W-5
Trailing at Halftime	0-0	—
Navy Has More Shots	5-0	W-5
Opponent Has More Shots	0-0	—
Shots are Equal	0-0	—
Navy Has More Saves	2-0	W-2
Opponent Has More Saves	2-0	W-1
Saves Are Equal	1-0	W-1
Navy Wins More Draw Controls	5-0	W-5
Opponent Wins More Draw Controls	0-0	—
Draw Controls Are Equal	0-0	—
Navy Has More Ground Balls	5-0	W-5
Opponent Has More Ground Balls	0-0	—
Ground Balls are Equal	0-0	—
Navy Has Higher Clear Pct.	5-0	W-5
Opponent Has Higher Clear Pct.	0-0	—
Game Decided by One Goal	0-0	—
Game Decided by 2-3 Goals	0-0	—
Game Decided by 4-5 Goals	0-0	—
Game Decided by 6-9 Goals	0-0	—
Game Decided by 10+ Goals	5-0	W-5
Navy Scores 0-7 Goals	0-0	—
Navy Scores 8-10 Goals	0-0	—
Navy Scores 11-14 Goals	0-0	—
Navy Scores 15-19 Goals	2-0	W-2
Navy Scores 20+ Goals	3-0	W-3
Opponent Scores 0-7 Goals	4-0	W-4
Opponent Scores 8-10 Goals	1-0	W-1
Opponent Scores 11-14 Goals	0-0	—
Opponent Scores 15-19 Goals	0-0	—
Opponent Scores 20+ Goals	0-0	—
vs. Ranked Opponent	0-0	—
vs. Unranked Opponent	5-0	W-5
In February	1-0	W-1
In March	4-0	W-4
In April	0-0	—
In May	0-0	—
On Tuesday	1-0	W-1
On Saturday	3-0	W-3
On Sunday	1-0	W-1

MISCELLANEOUS CATEGORIES

Multi-Point Games	2008	Career	
Meg Decker	5 (5-0)	5 (5-0)	
Katrina Nietsch	5 (5-0)	5 (5-0)	
Erin Rawlick	5 (5-0)	5 (5-0)	
Amanda Towey	5 (5-0)	5 (5-0)	
Kaylene Klingenstein	4 (4-0)	4 (4-0)	
Mary Ruttum	4 (4-0)	4 (4-0)	
Caitlin Mandrin Hill	3 (3-0)	3 (3-0)	
Brittany Amerau	1 (1-0)	1 (1-0)	
Sarah Bushong	1 (1-0)	1 (1-0)	
Five-Point Games	2008	Career	
Erin Rawlick	4 (4-0)	4 (4-0)	
Amanda Towey	4 (4-0)	4 (4-0)	
Meg Decker	3 (3-0)	3 (3-0)	
Katrina Nietsch	1 (1-0)	1 (1-0)	
Mary Ruttum	1 (1-0)	1 (1-0)	
Multi-Goal Games	2008	Career	
Katrina Nietsch	5 (5-0)	5 (5-0)	
Erin Rawlick	5 (5-0)	5 (5-0)	
Meg Decker	4 (4-0)	4 (4-0)	
Kaylene Klingenstein	4 (4-0)	4 (4-0)	
Mary Ruttum	4 (4-0)	4 (4-0)	
Amanda Towey	2 (2-0)	2 (2-0)	
Brittany Amerau	1 (1-0)	1 (1-0)	
Sarah Bushong	1 (1-0)	1 (1-0)	
Hat Tricks	2008	Career	
Meg Decker	4 (4-0)	4 (4-0)	
Katrina Nietsch	4 (4-0)	4 (4-0)	
Erin Rawlick	4 (4-0)	4 (4-0)	
Kaylene Klingenstein	3 (3-0)	3 (3-0)	
Mary Ruttum	3 (3-0)	3 (3-0)	
Brittany Amerau	1 (1-0)	1 (1-0)	
Sarah Bushong	1 (1-0)	1 (1-0)	
Amanda Towey	1 (1-0)	1 (1-0)	
Multi-Assist Games	2008	Career	
Erin Rawlick	4 (4-0)	4 (4-0)	
Amanda Towey	4 (4-0)	4 (4-0)	
Meg Decker	1 (1-0)	1 (1-0)	
Caitlin Mandrin Hill	1 (1-0)	1 (1-0)	
Katrina Nietsch	1 (1-0)	1 (1-0)	
Consecutive Games With a..	Goal	Assist	Point
Amanda Towey	5	5	5
Meg Decker	5	3	5
Erin Rawlick	5	3	5
Kaylene Klingenstein	5	0	5
Katrina Nietsch	5	0	5
Mary Ruttum	5	0	5
Brittany Amerau	1	0	1
Sarah Bushong	1	0	1
Valerie Cappelaere	0	1	1

TOP INDIVIDUAL PERFORMANCES

Player vs. Opponent	Points	
Amanda Towey vs. St. Francis	8 (1-7)	
Erin Rawlick vs. Cincinnati	7 (5-2)	
Erin Rawlick vs. Longwood	7 (5-2)	
Meg Decker vs. Niagara	6 (6-0)	
Meg Decker vs. Cincinnati	6 (3-3)	
Erin Rawlick vs. St. Francis	6 (4-2)	
Mary Ruttum vs. Niagara	6 (5-1)	
Player vs. Opponent	Goals	
Meg Decker vs. Niagara	6	
Erin Rawlick vs. Cincinnati	5	
Erin Rawlick vs. Longwood	5	
Mary Ruttum vs. Niagara	5	
Player vs. Opponent	Assists	
Amanda Towey vs. St. Francis	7	
Amanda Towey vs. Niagara	4	
Amanda Towey vs. Longwood	4	
Meg Decker vs. Cincinnati	3	
Erin Rawlick vs. Saint Mary's	3	
Player vs. Opponent	Draw Controls	
Erin Rawlick vs. St. Francis	6	
Erin Rawlick vs. Niagara	5	
Erin Rawlick vs. Longwood	5	
Mary Ruttum vs. Cincinnati	5	
Player vs. Opponent	Ground Balls	
Caitlin Mandrin Hill vs. Saint Mary's	6	
Valerie Cappelaere vs. St. Francis	5	
Meg Decker vs. Niagara	5	
Katrina Nietsch vs. Longwood	5	
Player vs. Opponent	Caused Turnovers	
Caitlin Mandrin Hill vs. Saint Mary's	4	
Meg Decker vs. Cincinnati	2	
Meg Decker vs. St. Francis	2	
Baileigh Kimball vs. St. Francis	2	
Caitlin Mandrin Hill vs. Niagara	2	
Caitlin Mandrin Hill vs. Longwood	2	
Player vs. Opponent	Saves	
Natalie Bandon vs. Longwood	9	
Natalie Bandon vs. Cincinnati	6	
Natalie Bandon vs. Saint Mary's	5	
Natalie Bandon vs. Niagara	2	
TOP TEAM PERFORMANCES		
Navy High	Category	Navy Low
24 vs. St. Francis	Goals	18, Two times
17 vs. St. Francis	Assists	6 vs. Niagara
41 vs. St. Francis	Points	25, Two times
41 vs. Longwood	Shots	27 vs. Cincinnati
29, Two times	Ground Balls	16 vs. Cincinnati
20 vs. Longwood	Draw Controls	15 vs. Niagara
20, Two times	Turnovers	15 vs. Niagara
12 vs. St. Francis	Caused Turnovers	5, Three times
.933 vs. Niagara	Clear Pct.	.833, Two times
.625, Three times	Free-Position Pct.	.400 vs. St. Francis

2008 Navy Midshipmen Women's Lacrosse



Page 7 • Navy vs. Holy Cross • March 15, 2008

CAREER HIGHS - POINTS

No.	Player	Pts.	Opponent
2	Meg Decker	6	Two times, MR vs. Cincinnati (3-8-08)
5	Katherine Kitchen	1	St. Francis (3-4-08)
6	Valerie Cappelaere	1	Two times, MR vs. Saint Mary's (3-9-08)
7	Kaylene Klingenstein	3	Three times, MR vs. Saint Mary's (3-9-08)
10	Sarah Bushong	3	St. Francis (3-4-08)
12	Amanda Towey	8	St. Francis (3-4-08)
13	Katrina Nietsch	5	St. Francis (3-4-08)
15	Caitlin Mandrin Hill	2	Three times, MR vs. Cincinnati (3-8-08)
20	Mary Ruttum	6	Niagara (3-1-08)
23	Erin Rawlick	7	Two times, MR vs. Cincinnati (3-8-08)
29	Erica Sizemore	1	St. Francis (3-4-08)
33	Brittany Amerau	4	St. Francis (3-4-08)
40	Emma McCarthy	1	St. Francis (3-4-08)

CAREER HIGHS - GOALS

No.	Player	Goals	Opponent
2	Meg Decker	4	Longwood (2-23-08)
5	Katherine Kitchen	1	St. Francis (3-4-08)
6	Valerie Cappelaere	1	St. Francis (3-4-08)
7	Kaylene Klingenstein	3	Three times, MR vs. Saint Mary's (3-9-08)
10	Sarah Bushong	3	St. Francis (3-4-08)
12	Amanda Towey	3	Saint Mary's (3-9-08)
13	Katrina Nietsch	4	Saint Mary's (3-9-08)
15	Caitlin Mandrin Hill	1	Two times, MR vs. Cincinnati (3-8-08)
20	Mary Ruttum	5	Niagara (3-1-08)
23	Erin Rawlick	5	Two times, MR vs. Cincinnati (3-8-08)
33	Brittany Amerau	3	St. Francis (3-4-08)

CAREER HIGHS - ASSISTS

No.	Player	Assists	Opponent
2	Meg Decker	3	Two times, MR vs. Cincinnati (3-8-08)
6	Valerie Cappelaere	1	Saint Mary's (3-9-08)
12	Amanda Towey	7	St. Francis (3-4-08)
13	Katrina Nietsch	2	St. Francis (3-4-08)
15	Caitlin Mandrin Hill	2	St. Francis (3-4-08)
20	Mary Ruttum	1	Two times, MR vs. St. Francis (3-4-08)
23	Erin Rawlick	3	Saint Mary's (3-9-08)
29	Erica Sizemore	1	St. Francis (3-4-08)
33	Brittany Amerau	1	St. Francis (3-4-08)

CAREER HIGHS - SHOTS

No.	Player	Shots	Opponent
2	Meg Decker	9	Niagara (3-1-08)
5	Katherine Kitchen	1	Two times, MR vs. St. Francis (3-4-08)
6	Valerie Cappelaere	1	St. Francis (3-4-08)
7	Kaylene Klingenstein	4	St. Francis (3-4-08)
10	Sarah Bushong	4	St. Francis (3-4-08)
12	Amanda Towey	4	Two times, Saint Mary's (3-9-08)
13	Katrina Nietsch	6	Two times, Saint Mary's (3-9-08)
15	Caitlin Mandrin Hill	2	Two times, MR vs. Cincinnati (3-8-08)
20	Mary Ruttum	6	Niagara (3-1-08)
23	Erin Rawlick	16	Longwood (2-23-08)
26	Tori Wiedmeier	1	St. Francis (3-4-08)
31	Jamie Ireland	1	St. Francis (3-4-08)
33	Brittany Amerau	4	St. Francis (3-4-08)
40	Emma McCarthy	3	St. Francis (3-4-08)

CAREER HIGHS - GROUND BALLS

No.	Player	GB	Opponent
2	Meg Decker	5	Niagara (3-1-08)
3	Margaret Gardner	4	Cincinnati (3-8-08)
5	Katherine Kitchen	1	Niagara (3-1-08)
6	Valerie Cappelaere	5	St. Francis (3-4-08)
7	Kaylene Klingenstein	2	Two times, MR vs. St. Francis (3-4-08)
8	Jessie Rosa	2	Cincinnati (3-8-08)
9	Ryan Yohe	3	St. Francis (3-4-08)
10	Sarah Bushong	1	Three times, MR vs. Saint Mary's (3-9-08)
11	Lindsay Pirek	1	Longwood (2-23-08)
12	Amanda Towey	4	Niagara (3-1-08)
13	Katrina Nietsch	5	Longwood (2-23-08)
15	Caitlin Mandrin Hill	6	Saint Mary's (3-9-08)
20	Mary Ruttum	3	Niagara (3-1-08)
21	Natalie Blandon	3	Longwood (2-23-08)
23	Erin Rawlick	3	Two times, MR vs. St. Francis (3-4-08)
24	Brittany Winters	2	Saint Mary's (3-9-08)
26	Tori Wiedmeier	1	St. Francis (3-4-08)
31	Jamie Ireland	1	St. Francis (3-4-08)
33	Brittany Amerau	1	St. Francis (3-4-08)
35	Baileigh Kimball	2	Two times, MR vs. Saint Mary's (3-9-08)
36	Ashley Fischer	1	Niagara (3-1-08)
40	Emma McCarthy	1	St. Francis (3-4-08)

CAREER HIGHS - DRAW CONTROLS

No.	Player	DC	Opponent
2	Meg Decker	4	Longwood (2-23-08)
3	Margaret Gardner	1	Three times, MR vs. Cincinnati (3-8-08)
7	Kaylene Klingenstein	2	St. Francis (3-4-08)
10	Sarah Bushong	1	Cincinnati (3-8-08)
12	Amanda Towey	4	Niagara (3-1-08)
13	Katrina Nietsch	4	Saint Mary's (3-9-08)
15	Caitlin Mandrin Hill	2	Niagara (3-1-08)
17	Mia Hencinski	1	St. Francis (3-4-08)
19	Kristin Lein	1	St. Francis (3-4-08)
20	Mary Ruttum	5	Saint Mary's (3-9-08)
23	Erin Rawlick	6	St. Francis (3-4-08)
24	Brittany Winters	3	Cincinnati (3-8-08)
33	Brittany Amerau	1	Two times, MR vs. Saint Mary's (3-9-08)

CAREER HIGHS - SAVES

No.	Player	Assists	Opponent
21	Natalie Blandon	9	Longwood (2-23-08)
32	Ellyn Creasey	1	Saint Mary's (3-9-08)
38	Vanessa Nieves	0	—

2008 Navy Midshipmen Women's Lacrosse



Page 8 • Navy vs. Holy Cross • March 15, 2008

HEAD COACH CINDY TIMCHAL

• When Navy athletic director Chet Gladchuk opened the search for Navy's first women's lacrosse coach, he made it very clear from the start that he wanted the very best. And when Cindy Timchal was named to take over the fledgling program, Gladchuk had accomplished his goal.

• Timchal was named Navy's first women's lacrosse coach on August 5, 2006, and will start from scratch at Navy. Almost two months before being named Navy's coach, the Naval Academy Athletic Association announced that the Mids would become a full-fledged varsity program in 2008, while playing a club / varsity schedule in 2007.

• All Timchal did last year was set the foundation for a Navy program that will move quickly in its quest to become a NCAA Division I power. The Mids placed second at the USL / WDIA National Tournament, won a game against a Division I team for the first time ever and gave a glimpse into the bright future of the Navy women's lacrosse program.

• Timchal came to Navy as without a doubt, the most-accomplished women's lacrosse coach in the sport's history, ranking second all-time (first in Division I) in wins and her eight national titles are the fourth most by a coach in a women's sport in NCAA history, and the 25th most in all sports, men and women combined.

TIMCHAL YEAR-BY-YEAR

Year	School	W-L	Year	School	W-L
1982	Northwestern	8-3	1996	Maryland	19-0
1983	Northwestern	11-3	1997	Maryland	21-1
1984	Northwestern	10-4	1998	Maryland	18-3
1985	Northwestern	7-4	1999	Maryland	21-0
1986	Northwestern	10-4	2000	Maryland	21-1
1987	Northwestern	10-4	2001	Maryland	23-0
1988	Northwestern	10-5	2002	Maryland	11-10
1989	Northwestern	6-5	2003	Maryland	18-4
1990	Northwestern	4-8	2004	Maryland	15-5
1991	Maryland	14-3	2005	Maryland	12-7
1992	Maryland	14-1	2006	Maryland	12-8
1993	Maryland	12-2	2008	Navy	5-0
1994	Maryland	12-1	TOTALS	341-86 (.799)	
1995	Maryland	17-0			

Bold denotes NCAA Champion.

ALL-TIME WINS LEADERS

Rk.	Coach (Current School)	Wins
1.	►Cindy Timchal (Navy)	341
1.	►Pat Genovese (William Smith)	338
3.	►Missy Foote (Middlebury)	320
4.	►Sharon Pfluger (TCNJ)	319
5.	Jan Hathorn	277
6.	►Chris Sailer (Princeton)	272
7.	►Carol Rappoli (Tufts)	255
8.	Carole Kleinfelder	252
9.	►Chris Mason (Williams)	239
10.	Enza Steele	237

► - Denotes Active / through March 11.

2008 NUMERICAL ROSTER

No.	Name	Ht.	Pos.	Year	Hometown (High School)
1	Maggie Morton	5-4	M	So.	Annapolis, Md. (Severn School)
2	Meg Decker	5-7	M	Fr.	Catonsville, Md. (Mount de Sales Academy)
3	Margaret Gardner	5-9	D	Jr.	Oak Hill, Va. (Chantilly)
4	Lexi Dauernheim	5-3	M	Fr.	Monterey, Calif. (Santa Catalina)
5	Katherine Kitchen	5-8	M	Jr.	Richmond, Va. (Douglas Freeman)
6	Valerie Cappelaere	5-6	A	Jr.	Ellicott City, Md. (Centennial)
7	Kaylene Klingenstein	5-6	A	Sr.	Beltsville, Md. (Eleanor Roosevelt)
8	Jessie Rosa	5-6	D	Sr.	Columbia, Md. (Hammond)
9	Ryan Yohe	5-4	M	Fr.	Springfield, Va. (West Springfield)
10	Sarah Bushong	5-8	A	Jr.	West River, Md. (Southern / Guam)
11	Lindsay Pirek	5-9	A	Jr.	Granby, Conn. (Granby Memorial)
12	Amanda Towey	5-2	M	Sr.	Smithtown, N.Y. (Smithtown)
13	Katrina Nietsch	5-10	M	Fr.	New Canaan, Conn. (New Canaan)
15	Caitlin Mandrin Hill	5-10	M	Fr.	Annapolis, Md. (St. Mary's)
16	Ali Reckenbeil	5-8	A	Fr.	Branchburg, N.J. (Somerville)
17	Mia Hencinski	5-3	D	So.	Severna Park, Md. (Severn School)
19	Kristin Lein	5-7	D	Fr.	Peachtree City, Ga. (McIntosh)
20	Mary Ruttum	5-9	A	So.	Annapolis, Md. (St. Mary's)
21	Natalie Blandon	5-6	G	Sr.	Rockville, Md. (Good Counsel)
22	Megan Silk	5-6	A	So.	Fanwood, N.J. (Scotch Plains-Fanwood)
23	Erin Rawlick	5-8	M	So.	Forest Hill, Md. (C. Milton Wright)
24	Brittany Winters	5-5	D	So.	Westland, Mich. (Ladywood)
25	Lauren Gillam	5-6	D	Jr.	Acworth, Ga. (Harrison)
26	Tori Wiedmeier	5-4	D	So.	Miramar, Fla. (St. Thomas Aquinas)
29	Erica Sizemore	5-8	A	Fr.	East Amherst, N.Y. (Williamsville)
30	Meg Foley	5-4	D	So.	Deerfield, N.H. (St. Thomas Aquinas)
31	Jamie Ireland	5-3	M	Fr.	Wrightstown, N.J. (Northern Burlington Cty. Reg.)
32	Ellyn Creasey	5-8	G	So.	Avon, Conn. (Avon)
33	Brittany Amerau	5-6	A	So.	Alexandria, Va. (Mount Vernon)
35	Baileigh Kimball	5-6	D	Fr.	Rye, N.H. (The Governor's Academy [Mass.])
36	Ashley Fischer	5-4	M	Fr.	Gaithersburg, Md. (Academy of the Holy Cross)
37	Ashley Montgomery	5-7	D	Fr.	Acworth, Ga. (Kennessaw Mountain)
38	Vanessa Nieves	5-3	G	Jr.	Long Branch, N.J. (Long Branch)
40	Emma McCarthy	5-3	A	Fr.	Farmington, Mich. (Farmington)

Head Coach: Cindy Timchal (First season at Navy)

Associate Head Coach: Allison Valentino (First season at Navy)

Assistant Coach: Kelly Coppedge (First season at Navy)

Team Captain: MIDN 1/C Amanda Towey

Officer Representative: Capt. Barret Bradstreet, USMC

Faculty Representative: Ron Siefert

PRONUNCIATION GUIDE

No.	Name	Pronunciation
4	Lexi Dauernheim	dow-IN-hime
6	Valerie Cappelaere	cap-a-leer
13	Katrina Nietsch	kneetsch
19	Kristin Lein	line
33	Brittany Amerau	am-a-row
38	Vanessa Nieves	knee-