



# NAVY WOMEN'S SOCCER NEWS

THREE-TIME NCAA QUALIFIER: 2003, 2006, 2007 • 13 CONSECUTIVE WINNING SEASONS • SIX PATRIOT LEAGUE REGULAR SEASON TITLES

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## Navy Women's Soccer Heads to Neighboring Virginia This Weekend *Mids to visit a pair of Big South opponents in Liberty and VMI*

ANNAPOLIS, Md. -- The Navy women's soccer team (2-2-1) will look to regain its scoring touch as it heads to neighboring Virginia this weekend to face a pair of Big South Conference opponents in Liberty and VMI. The Midshipmen women visit first-time opponent Liberty on Friday for a 7 p.m. contest, before concluding the weekend road-swing at VMI on Sunday at 1 p.m.

Despite only allowing one goal in 200 minutes of action, the Midshipmen posted an 0-1-1 mark after a pair of hard-fought, low-scoring contests during this past weekend's Navy Soccer Invitational. Winthrop's 87th-minute goal accounted for all the scoring in a rain-soaked 1-0 affair on Friday evening. The match appeared destined for overtime before the visiting Eagles netted the game-winner with just 3:27 left in regulation to snap Navy's 11-game home unbeaten streak.

The Mids would bounce back in Sunday's finale against perennial NEC power Central Connecticut State, but for the second straight game they were unable to break into the scoring column, as the two sides played to a scoreless draw after 110 minutes of soccer. In spite of Friday's setback, Navy head coach Carin Gabarra remains confident that the Mids are on the right track.

"Of course we would be happy with some better results, but we are playing some good soccer at the moment," said Gabarra. "As always, our focus as a team is to peak through October during league play and be at our best at the end of the season. Our goals remain the same and we have worked very hard this week in training to ensure they are all within our reach."

Liberty enters the weekend with a 0-3-0 record, after being shut out in successive road contests at Longwood, Virginia and Old Dominion to start the season. Friday's contest marks the home opener for the Lady Flames, who return 15 letterwinners from last season's squad. Liberty struggled to a 6-12-0 record a year ago, but with first-year head coach Jessica Celi at the helm and a pair of all-conference first-team performers (Amy Oberlin and Brittany Tyson) returning, the Lady Flames enter the fall amid heightened optimism, as evidenced by their third-place selection in the Big South Conference's annual preseason poll.

VMI is 1-2-0 on the season after Saturday's 3-1 win over Campbell. The Keydets opened the 2008 campaign by suffering a pair of hard-luck decisions, falling twice in overtime by identical 1-0 scores, first at Howard in their season opener at Howard and then later at Longwood. VMI brings back eight starters from a 5-13-2 squad that advanced to the Big South Conference Tournament for the first time in program history in 2007. The Keydets feature a strong defensive unit, led by All-Big South defender Audrey Falconi, but similar to the 2008 Midshipmen, their ability to replace its top two scorers from a year ago will be a major factor in their success this fall.

The Mids and Keydets met for the first time last season with Navy registering a 2-1 victory in Annapolis on Sept. 25. Virginia native Carey Young scored her first collegiate game-winner and the Mids overcame an early 1-0 deficit to capture the inaugural matchup.

### ON TAP THIS WEEKEND

**Friday, Sept. 12** Navy at Liberty 7 p.m. Liberty Soccer Field, Lynchburg, Va.

**Notes:** First meeting between the programs...Both teams enter the game amidst scoring draughts (Navy: 2 gm, 200 min; Liberty: 3 gm, 270 min)...Liberty's 2008 home opener.

**Sunday, Sept. 14** Navy at VMI 1 p.m. Patchin Field Lexington, Va.

**Notes:** Second meeting between the programs (Navy, W 2-1 9/25/07)...Navy is 2-0 against Big South opponents.

<b>Gm5</b> 9/12/2008 7 p.m.		<b>Gm6</b> 9/14/2008 1 p.m.	
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### 2008 SCHEDULE AND RESULTS

DATE	OPPONENT	TIME
8/23	Vermont	W, 3-0
8/29	at No. 10 Stanford	L, 1-3
8/31	at UC Davis	W, 2-1 (OT)
9/5	& Winthrop	L, 0-1
9/7	& Central Connecticut St.	T, 0-0 (2OT)
9/12	at Liberty	7 pm
9/14	at VMI	1 pm
9/19	Mount St. Mary's	7 pm
9/21	VCU	1 pm
9/26	Francis Marion	7 pm
9/28	Saint Francis (Pa.)	1 pm
10/4	* Bucknell	12 pm
10/6	Delaware State	5 pm
10/10	* Lafayette	7 pm
10/12	* Lehigh	1 pm
10/17	* American	7 pm
10/19	UMBC	2 pm
10/24	* at Army (Star Game)	7 pm
10/26	* at Holy Cross	12 pm
11/1	* at Colgate	5 pm
11/7-9	# Patriot League Tournament	TBD

- - Home games in bold
  - \* - Denotes Patriot League game
  - & - Navy Soccer Invitational
  - # - At Patriot League regular-season champion
- All Times Eastern

### NAVY SOCCER QUICK FACTS

#### GENERAL

Location	Annapolis, Md.
Founded	October 10, 1845
Enrollment	4,200
Nickname	Midshipmen or Mids
Colors	Navy Blue and Gold
Conference	Patriot League
Facility	Glenn Warner Soccer Facility (2,500)

#### COACHING STAFF

Head Coach	Carin Gabarra
Alma Mater	UC Santa Barbara '87
Navy Record	188-90-23 (15 Yrs.)
Career Record	194-100-23 (16 Yrs.)
Assistant Coach	Rob Blanck
Alma Mater	Williams '89, 13 yrs.

#### PROGRAM HISTORY

First Year of Soccer	1993
All-Time Record	188-91-22 (15 Yrs.)
All-Time Patriot League Record	57-26-9 (14 Yrs.)
Glenn Warner Soccer Facility Record	66-9-5 (7 Yrs.)
NCAA Tournament Appearances / Last	3/2007
League Tournament Appearances / Last	11/2007
League Tournament Championships / Last	3/2007
Regular-Season Championships / Last	6/2006

## BARNES TIES ALL-TIME SHUTOUT MARK, EARNS WEEKLY LEAGUE HONOR

Navy senior **Lizzie Barnes** (New Orleans, La.) earned Patriot League/BRINE Women's Soccer Goalkeeper of the Week honors, the league office announced Monday. It is her fourth career weekly league accolade and the third time in as many weeks that a Navy player has been the recipient of a weekly award.

Senior **Kristen Laraway** (Long Valley, N.J.) was tabbed as the league's offensive player of the week on Aug. 26, while junior **Shelly Moeller** (Milford, Ohio) earned defensive kudos on Sept. 2.

Barnes recorded 10 saves and posted a 0.45 GAA (allowing one goal) in two matches over the weekend. On Sunday against Central Connecticut State, she made seven saves, including one in each overtime session, to help Navy earn a 0-0 draw and record her first shutout this fall (the team's second). The shutout was the 22nd of her career for Barnes, the Midshipmen's current all-time leader in goals-against average (0.69), further etching her in the Navy record book as she tied Kim Bonafede '05 for the all-time program record.

### NAVY'S ALL-TIME SAVE LEADERS

	Saves	Years lettered
1. Amy Hakola	479	1994-97
2. Kim Bonafede	234	2001-04
3. Sarah Wilson	201	1997-00
4. <b>Lizzie Barnes</b>	<b>177</b>	<b>2005-present</b>
5. Kate Macfarlane	158	1999, 2001

### NAVY'S ALL-TIME SHUTOUT LEADERS

	Saves	Years lettered
1. <b>Lizzie Barnes</b>	<b>22.0</b>	<b>2005-Present</b>
Kim Bonafede	22.0	2001-04
3. Sarah Wilson	20.3	1997-00
4. Amy Hakola	14.5	1994-97
5. Kate Macfarlane	10.1	1999, 2001

## HISTORY ON ITS SIDE

If history is any indication, you should not expect Navy's recent scoring drought to continue much longer. The Mids, who were held scoreless in back-to-back games over the weekend for the just the seventh time in program history, have never been shut out in three straight contests. While Navy's offense has not gotten into the scoring column as of late, its defense has not missed a beat. The Mids have allowed just one goal in a span of 254:34 over their last three games. Navy has recorded two shutouts and allowed just five goals in five games thus far this season.

## THIS DATE IN NAVY SOCCER

### September 10, 1994

The Midshipmen played their first game as a member of the Patriot League at Holy Cross. A week later, Navy would earn its first league win with a resounding 5-0 victory over former league foe Fordham. Navy has advanced to the Patriot League Tournament in 11 of 14 seasons since joining the league prior to the 1994 season.

## NAVY NOTEBOOK

After logging 70 minutes off the bench against Winthrop, freshman defender **Katelyn George** (Loveland, Ohio) earned her first collegiate start on Sunday against Central Connecticut State. George played the full 110 minutes helping Navy to shut out its second opponent this season ... Eight different Navy players have recorded a point this season, including freshman **Stephanie Lomeli** (Glendale, Ariz.) who recorded her first collegiate assist against Stanford ... Senior **CiAnna Weikle** (Butler, Pa.) netted her fifth career goal in Navy's 3-1 setback against national power Stanford. Weikle's 76th-minute tally has been the only goal the now-No.3 ranked Cardinal (5-0-0) has allowed this season. Stanford has shut out four of its first five opponents, including No. 15 Boston College and No. 22 Georgia. Weikle has four points through Navy's first five matches - already equaling her point total from 2007 ... Navy, selected as the favorite to win the Patriot League crown for a third consecutive season, returns a program-record eight seniors and 15 of the 19 letterwinners from last year's NCAA Tournament squad.

## UP NEXT

Navy returns to Annapolis for the first of a program-record 10-consecutive home dates beginning on Friday, September 19 against in-state rival Mount St. Mary's. Game time is set for 7 p.m. On Sunday, CAA-opponent VCU visits the Glenn Warner Soccer Facility for a 1 p.m. contest.

## 2008 NAVY AWARD WINNERS

### Kristen Laraway • Sr. • F/M • Long Valley, N.J.

- Patriot League Offensive Player of the Week (8/25)
- Soccer America National Team of the Week (8/26)

### Shelly Moeller • Jr. • D • Milford, Ohio

- Patriot League Preseason Defensive Player of Year
- Patriot League Defensive Player of the Week (9/2)

### Lizzie Barnes • Sr. • GK • New Orleans, La.

- Patriot League Defensive Player of the Week (9/8)

## '08 NAVY STATISTICAL LEADERS

GOALS	Kristen Laraway - 2
ASSISTS	CiAnna Weikle - 2
POINTS	Kristen Laraway - 5
SHOTS	Kristen Laraway - 18
SAVES	Lizzie Barnes - 24
GAME-WINNING GOALS	Laraway/Moeller - 1

## PATRIOT LEAGUE STANDINGS

Records as of September 10, 2008

Team	League	Pts	Overall	Pct.
Army	0-0-0	0	4-1-0	.800
Navy	0-0-0	0	2-2-1	.500
Bucknell	0-0-0	0	2-2-1	.500
American	0-0-0	0	2-2-1	.500
Lehigh	0-0-0	0	1-2-1	.375
Colgate	0-0-0	0	1-4-0	.200
Lafayette	0-0-0	0	0-3-2	.200
Holy Cross	0-0-0	0	0-4-0	.000

## UPCOMING SCHEDULE

### Thursday, September 11

Bucknell at Mount St. Mary's . . . . . 7 p.m.

### Friday, September 12

Lehigh at St. Joseph's . . . . . 5 p.m.  
 Holy Cross at Central Connecticut St. . . . . 5 p.m.  
 Lafayette at Manhattan . . . . . 7 p.m.  
 Colgate at St. Francis (Pa.) . . . . . 7 p.m.  
 Army at Air Force . . . . . 10 p.m.

### Sunday, September 14

Towson at American . . . . . Noon  
 Colgate at Syracuse . . . . . 1 p.m.  
 Long Island at Lafayette . . . . . 1 p.m.  
 Holy Cross at UMass . . . . . 1 p.m.  
 Lehigh at Cornell . . . . . 1 p.m.  
 Bucknell at VCU . . . . . 1 p.m.  
 Army vs. Colorado College . . . . . 1 p.m.

## RECENT RESULTS

### Sunday, September 7

Army 2, Southeast Missouri St. 0  
 Lehigh 0, College of Charleston 1  
 Binghamton 2, Holy Cross 0  
 Wagner 1, Lafayette 1  
 Bucknell 2, Penn State 4

### Friday, September 5

Lafayette 0, Monmouth 4  
 American 1, Maryland 1  
 Army 1, Missouri St. 0  
 Lehigh 2, Davidson 2  
 Colgate 0, Washington 4

**2008 Navy Women's Soccer**  
**Navy Combined Team Statistics (as of Sep 08, 2008)**  
**All games**

<b>RECORD:</b>	<b>OVERALL</b>	<b>HOME</b>	<b>AWAY</b>	<b>NEUTRAL</b>
ALL GAMES	2-2-1	1-1-1	1-1	0-0
CONFERENCE	0-0	0-0	0-0	0-0
NON-CONFERENCE	2-2-1	1-1-1	1-1	0-0

<b>Date</b>	<b>Opponent</b>	<b>Score</b>	<b>Att.</b>	<b>#</b>	<b>Player</b>	<b>gp</b>	<b>g</b>	<b>a</b>	<b>pts</b>	<b>sh</b>	<b>sh%</b>	<b>sog</b>	<b>sog%</b>	<b>gw</b>	<b>pk-att</b>
Aug 23	VERMONT	W 3-0	475	13	Laraway, Kristen	5	2	1	5	18	.111	10	.556	1	0-0
Aug 29	at Stanford Cardinal	L 1-3	589	8	Weikle, CiAnna	5	1	2	4	4	.250	2	.500	0	0-0
Aug 31	at UC Davis	W 2-1	171	22	Schroth, Sam	4	1	1	3	9	.111	4	.444	0	0-0
Sep 05	WINTHROP	L 0-1	250	7	Abid, Anastasia	5	1	1	3	7	.143	4	.571	0	0-0
Sep. 7	CCSU	0-0	404	14	Moeller, Shelly	5	1	0	2	3	.333	1	.333	1	0-0
				18	Young, Carey	5	0	1	1	3	.000	0	.000	0	0-0
				15	Youker, Carissa	5	0	1	1	3	.000	1	.333	0	0-0
				5	Lomeli, Stephanie	5	0	1	1	1	.000	1	1.000	0	0-0
				10	White, Brittany	5	0	0	0	5	.000	2	.400	0	0-0
				11	Grijalva, Jen	5	0	0	0	3	.000	0	.000	0	0-0
				9	Kendzior, Annie	1	0	0	0	3	.000	2	.667	0	0-0
				20	Serfass, Amanda	5	0	0	0	2	.000	0	.000	0	0-0
				21	Calderon, Christine	4	0	0	0	1	.000	0	.000	0	0-0
				17	Reynolds, Julie	5	0	0	0	1	.000	0	.000	0	0-0
				16	Kelly, Katie	5	0	0	0	1	.000	0	.000	0	0-0
				6	McCaskey, Elise	5	0	0	0	1	.000	0	.000	0	0-0
				2	George, Katelyn	5	0	0	0	1	.000	1	1.000	0	0-0
				25	Grupp, Jessica	5	0	0	0	0	.000	0	.000	0	0-0
				19	Ster, Sara	1	0	0	0	0	.000	0	.000	0	0-0
				12	Dunbar, Jenn	1	0	0	0	0	.000	0	.000	0	0-0
				4	Lagunzad, Alex	2	0	0	0	0	.000	0	.000	0	0-0
				3	Herren, Kate	3	0	0	0	0	.000	0	.000	0	0-0
				1	Reed, Beth	2	0	0	0	0	.000	0	.000	0	0-0
				00	Barnes, Lizzie	5	0	0	0	0	.000	0	.000	0	0-0
					Total	5	6	8	20	66	.091	28	.424	2	0-0
					Opponents	5	5	6	16	70	.071	35	.500	1	0-0

<b>TEAM STATISTICS</b>	<b>NAVY</b>	<b>OPP</b>
<b>SHOT STATISTICS</b>		
Goals-Shot attempts	6-66	5-70
Goals scored per game	1.20	1.00
Shot pct.	.091	.071
Shots on goal-Attempts	28-66	35-70
SOG pct.	.424	.500
Shots/Game	13.2	14.0
CORNER KICKS	26	19
PENALTY KICKS	0-0	0-0
<b>PENALTIES</b>		
Yellow cards	2	3
Red cards	1	0
<b>ATTENDANCE</b>		
Total	1129	760
Dates/Avg Per Date	3/376	2/380
Neutral Site #/Avg	0/0	

<b>#</b>	<b>Goalie</b>	<b>GP</b>	<b>Min.</b>	<b>GA</b>	<b>GAAvg</b>	<b>Saves</b>	<b>Pct</b>	<b>W-L-T</b>	<b>Sho</b>
1	Reed, Beth	2	31:35	0	0.00	4	1.000	0-0-0	0
00	Barnes, Lizzie	5	441:58	5	1.02	24	.828	2-1-0	1
	Total	5	473:33	5	0.95	30	.857	2-1-0	2
	Opponents	5	473:33	6	1.14	22	.786	1-2-0	2

<b>Goals by Period</b>	<b>1st</b>	<b>2nd</b>	<b>OT</b>	<b>OT2</b>	<b>Total</b>
Navy	1	4	1	0	6
Opponents	2	3	0	0	5

<b>Shots by Period</b>	<b>1st</b>	<b>2nd</b>	<b>OT</b>	<b>OT2</b>	<b>Total</b>
Navy	32	33	1	0	66
Opponents	34	30	4	2	70

<b>Saves by Period</b>	<b>1st</b>	<b>2nd</b>	<b>OT</b>	<b>OT2</b>	<b>Total</b>
Navy	13	15	1	1	30
Opponents	9	13	0	0	22

<b>Corners by Period</b>	<b>1st</b>	<b>2nd</b>	<b>OT</b>	<b>OT2</b>	<b>Total</b>
Navy	18	8	0	0	26
Opponents	6	13	0	0	19

<b>Fouls by Period</b>	<b>1st</b>	<b>2nd</b>	<b>OT</b>	<b>OT2</b>	<b>Total</b>
Navy	13	17	0	0	30
Opponents	18	17	1	0	36